

LINDA KUHLI LCSW

LICENSED PSYCHOTHERAPIST LCS 5112
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SAN MATEO, CALIFORNIA 94010

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CREDENTIAL: Licensed Clinical Social Worker, LCS 5112 1975

EDUCATION: MSW University of California, Los Angeles 1972
BA University of California, Berkeley 1970

EXPERIENCE:

PRIVATE PRACTICE OF PSYCHOTHERAPY 1987 TO PRESENT

Assessment of child, adolescent, adult and family functioning

Cognitive-behavioral approaches to management and resolution of depression, anxiety, school and employment related stress, phobic reactions, and obsessive-compulsive symptoms

Treatment of Post-traumatic stress, unresolved grief, physical, sexual or emotional abuse Geriatric and elder abuse issues

Family and individual therapy for youth ages three and up having school, social, identity, self-esteem and body image problems. Extensive experience with learning disabilities, ADHD, oppositional and conduct disorders

Group and individual work with individuals accused or convicted of sex abuse and Domestic Violence Groupwork discontinued 2008

PSYCHOTHERAPIST, CONSULTANT AND INTERN SUPERVISOR SAN MATEO COUNTY BEHAVIORAL HEALTH SERVICES 1980 TO PRESENT

Assessment and Treatment of severely emotionally disturbed adults, children and families with a full range of ethnic, racial, cultural and identity backgrounds Dual-diagnosis and medical complexities are very common; probation, social service, or other agencies are frequently involved

Treatment of youth with histories of abuse, attachment disorders, Asperger or Autism spectrum disorders; youth participating in self-harmful behavior, often resulting in Psychiatric Emergency evaluations or hospitalizations

Therapy for special education students determined to need mental health services to benefit from their school placement

Collaboration and consultation with families, teachers and professionals working with troubled youth. Development of behavior management and team problem-solving strategies

PREVIOUS COUNTY EXPERIENCE (1981-1991)

Individual, group and milieu work in Adolescent Day Treatment and school for Speech and Language Impaired; group work with adult male sex offenders; consultation for Early Childhood Education and elementary school prevention programs

EARLIER PROFESSIONAL EXPERIENCE 1972 – 1980

Diagnostic assessment of severely emotionally disturbed latency-age children in two residential settings. Individual, group and family treatment; Program planning and community liaison. Supervision of child care workers

TEACHING

Instructor, Graduate Division 1989
College of Notre Dame, Belmont, CA

Psychopathology A course integrating family systems theory with practical use of the Diagnostic and Statistical Manual of Psychiatric Disorders

PUBLICATIONS

“The Use of Two Houses in Play Therapy” published in:
American Journal of Orthopsychiatry, 1979
Handbook of Play Therapy, John Wiley & Sons, 1982
Play Therapy Techniques, Jason Aronson Inc, 1993

CONTINUING EDUCATION – MAJOR AREAS OF FOCUS

Solution Focused Brief Therapy, OCD, Anger Management
Strategic and Structural Family Therapy,
Addictive patterns in families, Co-occurring Disorders
Art Therapy, Sand Tray, Jungian Theory
Child trauma, Grief, Self-injury, Anxiety
Eating Disorders, Transgender Issues
Adoption, Attachment, ADHD, Aspergers Syndrome